

MINISTRY OF EDUCATION AND TRAINING
QUY NHON UNIVERSITY



MASTER'S PROGRAM

Level of education: **Master's**

Major: **Theory and Methodology of Teaching Physical Education**

Major Code: **8140111**

Program Orientation: **Application-oriented Program**

Mode of Study: **Full-time**

Binh Dinh, 2024

MASTER'S PROGRAM

(Issued together with Decision No. 4494/QĐ-DHQN dated December 19, 2024 of the Rector of Quy Nhon University)

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1. PROGRAM OBJECTIVES

1.1. General Objective

To train high-quality human resources in Physical Education, meeting the current demands of society.

1.2. Specific Objectives (POs)

Graduates of the Master's program in Theory and Methodology of Teaching Physical Education are able to:

- Knowledge

PO1: Possess general knowledge of administration and management.

PO2: Possess specialized knowledge in **physical education, school sports, and sports science**.

- Skills

PO3: Demonstrate skills in critical thinking, analysis, synthesis, and scientific evaluation of data and information.

PO4: Apply professional skills in the fields of physical education, school sports, and sports science.

PO5: Use foreign languages effectively in professional contexts.

- Autonomy and Responsibility

PO6: Demonstrate professional ethics, respect for and compliance with the law; possess professional integrity and a responsible, scientific working attitude in assigned tasks.

PO7: Demonstrate the ability to promote collective intelligence in management and professional activities; possess the ability to evaluate situations and make decisions regarding the development of assigned tasks.

2. EMPLOYMENT POSITIONS AND OPPORTUNITIES FOR FURTHER STUDY

Graduates of the Master's program in Theory and Methodology of Teaching Physical Education may

- Work as teachers, lecturers, coaches, researchers, instructors, or administrators at educational institutions within the national education system, research institutes, and other related organizations.

- Hold management positions in governmental agencies responsible for physical education and sports or in other relevant sectors.

- Continue their studies and research at the doctoral level in Vietnam or abroad in the field of Physical Education.

3. PROGRAM LEARNING OUTCOMES

3.1. Knowledge

PLO1: Apply practical and theoretical knowledge, as well as general knowledge of administration and management, to professional activities.

PLO2: Apply and further develop fundamental and advanced principles and theories in Physical Education and related interdisciplinary fields.

3.2. Skills

PLO3: Design and manage curricular and extracurricular physical education and sports activities.

PLO4: Apply, research, and develop advances in educational science in general and physical education science in particular, and implement them in professional practice.

PLO5: Implement the academic program by applying theoretical knowledge, practical skills, and scientific research to teaching practice; organize assessment of learning outcomes and extracurricular physical education and sports activities.

PLO6: Demonstrate foreign language proficiency equivalent to Level 4 of the Vietnamese Six-level Foreign Language Proficiency Framework.

3.3. Autonomy and Responsibility

PLO7: Demonstrate professional ethics, respect for and compliance with the law; possess professional integrity and a responsible, scientific working attitude in assigned tasks. Demonstrate the ability to self-direct personal professional development and adapt to competitive working environments.

PLO8: Demonstrate the ability to promote collective intelligence in management

and professional activities; possess the ability to evaluate situations and make decisions regarding the development and implementation of assigned tasks.

4. ADMISSION REQUIREMENTS

- Applicants must have graduated from a bachelor's program or have fulfilled the requirements for recognition of a bachelor's degree (or an equivalent qualification or higher) in a field relevant to Physical Education.

- Applicants must have foreign language proficiency at Level 3 or higher according to the Vietnamese Six-level Foreign Language Proficiency Framework.

List of Relevant Undergraduate Majors:

STT	Mã ngành	Tên ngành Đại học
1	7140206	Physical Education
2	7810302	Sports Coaching
3	7810301	Sports Management
4	7729001	Sports Biomedical Science

5. ADMISSION APPLICANTS

Admission applicants must comply with the current regulations on admission and training for Master's programs issued by Quy Nhon University and the Ministry of Education and Training.

6. PROGRAM DURATION AND TOTAL CREDIT REQUIREMENTS

6.1. Program Duration: 2 years (24 months)

6.2. Total Credit Requirements: The total academic workload of the program is 60 credits, including 6 credits of practicum and 9 credits for the graduation component (Capstone Project).

Program Structure	Credits
General Knowledge	4
Foundation and Specialization Courses	47
Compulsory Courses	23
Elective Courses	18
Practicum	6
Graduation Component (Capstone Project)	9
Total	60

7. TRAINING PROCESS AND GRADUATION REQUIREMENTS

7.1. Training Process

The program is delivered under the credit-based system in accordance with the current regulations of the Ministry of Education and Training and Quy Nhon University.

7.2. Graduation Requirements

Graduation requirements comply with the current regulations on admission and training for Master's programs issued by the Ministry of Education and Training and Quy Nhon University. To be eligible for graduation, students must:

a) Complete all courses in the academic program and **successfully defend the Capstone Project**.

b) Meet the foreign language requirement specified in the program learning outcomes before graduation. This requirement must be evidenced by one of the following:

- A diploma or certificate demonstrating Level 4 proficiency according to the Vietnamese Six-level Foreign Language Proficiency Framework, as specified in the Appendix of the current regulations on admission and training for Master's programs issued by Quy Nhon University;

- Other equivalent certificates recognized by the Ministry of Education and Training;

- A bachelor's degree or higher in a foreign language major; or

- A bachelor's degree or higher in another major in which the entire program was delivered in a foreign language.

c) Fulfill all obligations required by **Quy Nhon University**, and must not be under criminal investigation or subject to disciplinary action or suspension from study.

7.3. Degree Awarded

Vietnamese:

Bằng Thạc sĩ Lý luận và Phương pháp dạy học bộ môn (Giáo dục thể chất)

English:

Master's Degree in Theory and Methodology of Physical Education

8. ASSESSMENT METHODS AND GRADING SCALE

8.1. Grading Scale

A **10-point grading scale** is used for all forms of assessment in each course.

8.2. Forms, Criteria, and Weighting of Assessment

- Theoretical Courses:

No	Assessment Form	Assessment Criteria	Weight
1	Continuous	Students' initiative, level of preparation, and active	40%

	Assessment	participation in class activities	
		Attendance in compulsory classes. Depending on the number of absences, the lecturer determines the score proportionally.	
		Students complete one individual test. The assessment criteria for the test are specified by the lecturer.	
2	Final Assessment	Final examination. Forms of examination may include written exams, oral exams, essays, or other forms. Assessment criteria follow the official marking scheme.	60%

- Professional Practicum Courses

A 10-point grading scale is used to assess the practicum report. Detailed assessment criteria are specified in the course syllabus (M4).

- Graduation Component (Capstone Project)

Assessment is conducted in accordance with the Regulations on Admission and Training for Master's Programs of Quy Nhon University.

Detailed evaluation criteria are specified in the detailed course syllabus.

8.3. Assessment Methods

Assessment methods used in the Master's program in Theory and Methodology of Teaching Physical Education are divided into two main types: Formative Assessment and Summative Assessment. These assessment methods are specified in detail in the Program Description of the academic program.

9. CURRICULUM STRUCTURE

No	Course Code		Course Title	Semester	Credits			Prerequisite	Management Unit	Notes
	Letter	Number			Total	Lecture	Practice/ Lab/ Seminar			
I. General Knowledge					4					
1	XHTH	501	Philosophy	1	4	4			D.PSLSM	
II. Foundation and Specialization Courses					47					
II.1. Compulsory Courses					23					
2	GDTC	81401	Exercise Physiology	1	3	2	1		D.PE	

3	GDTC	81402	Sports Medicine	2	3	2	1		D.PE	
4	GDTC	81403	Sports Measurement	2	3	2	1		D.PE	
5	GDTC	81404	Research Methods in Sports Science	1	3	2	1		D.PE	
6	GDTC	81405	Theory and Methodology of Physical Education	1	3	2	1		D.PE	
7	GDTC	81406	Theory and Methodology of School Sports	3	3	2	1		D.PE	
8	GDTC	81407	Modern Teaching Perspectives and Theories	2	2	2			D.PE	
9	GDTC	81408	Educational Program Development Management	1	3	2	1		D.PE	
II.2. Elective Courses (9/12 courses)					18					
10	GDTC	81409	Sport Psychology	2	2	1	1		D.PE	
11	GDTC	81410	Sport Pedagogy	2	2	1	1		D.PE	
12	GDTC	81411	Sport Management	2	2	1	1		D.PE	
13	GDTC	81412	Sport Sociology	3	2	1	1		D.PE	
14	GDTC	81413	Physical Education in Schools	2	2	1	1		D.PE	
15	GDTC	81414	Methods for Developing Physical Education Plans in Schools	2	2	1	1		D.PE	
16	GDTC	81415	Identification and Development of Sport Talent	3	2	1	1		D.PE	
17	GDTC	81416	Recreational Sports	3	2	1	1		D.PE	
18	GDTC	81417	Sports Economics	3	2	1	1		D.PE	
19	GDTC	81418	History of Sports and the Olympic Games	3	2	1	1		D.PE	
20	GDTC	81419	Sports Coaching	2	2	1	1		D.PE	
21	GDTC	81420	Policies and Strategies for Sports Development	3	2	1	1		D.PE	

II.3. Practicum					6					
22	GDTC	81421	Practicum 1	3	3		3		D.PE	
23	GDTC	81422	Practicum 2	4	3		3	81421	D.PE	
II.4. Graduation Component (Capstone Project)					9				D.PE	
24	GDTC	81423	Master's Project	2,3,4	9					
Tổng cộng					60					

Matrix of the Relationship between Courses and Program Learning Outcomes (PLOs)

STT	Mã HP	Tên HP	PLOs								
			1	2	3	4	5	6	7	8	
1	XHTH501	Phylosophy	H		M					M	
2	GDTC81401	Exercise Physiology		M	M	H	H			M	M
3	GDTC81402	Sports Medicine		M	M	H	H			M	M
4	GDTC81403	Sports Measurement	M	M	H	H	H	H		H	H
5	GDTC81404	Research Methods in Sports Science	H	H	H	H	H			M	M
6	GDTC81405	Theory and Methodology of Physical Education	H	H	H			H		M	M
7	GDTC81406	Theory and Methodology of School Sports	M	M	H	M	H			M	M
8	GDTC81407	Modern Teaching Perspectives and Theories	H			H	H			H	H
9	GDTC81408	Educational Program Development Management	M	M	M	M	M			H	H
10	GDTC81409	Sport Psychology	M	M		M	H			M	M
11	GDTC81410	Sport Pedagogy	M	M	H	H	H	H		M	M
12	GDTC81411	Sport Management	M	M	H	H	H			M	H
13	GDTC81412	Sport Sociology	M	M	M	M	H			M	M
14	GDTC81413	Physical Education in Schools	M	M		H	H			H	H
15	GDTC81414	Methods for Developing Physical	M	M	H	H	H			M	M

		Education Plans in Schools								
16	GDTC81415	Identification and Development of Sport Talent	M	M	H	H	H	H	H	H
17	GDTC81416	Recreational Sports	M	M	H	H	H	H	H	H
18	GDTC81417	Sports Economics	M	M	H	H	H		M	M
19	GDTC81418	History of Sports and the Olympic Games	M	M		M	M		M	H
20	GDTC81419	Sports Coaching	M	M	H	H	H		M	M
21	GDTC81420	Policies and Strategies for Sports Development	M			H	M		H	H
22	GDTC81421	Practicum 1	M	M	M	M	M	M	M	M
23	GDTC81422	Practicum 2	H	H	H	H	H	M	H	H
24	GDTC81423	Capstone Project	H	H	H	H	H	M	H	H

Note: L = Low; M = Medium; H = High

10. TEACHING PLAN (Tentative)

No	Course Code		Course Title	Credits	Semesters				Expected Lecturers	Managing Unit
	Chữ	Số			1	2	3	4		
I. General Knowledge				4						
1	XHTH	501	Phylosophy	4	4				1. Assoc. Prof. Dr. Đoàn Thê Hùng 2. Dr. Tăng Văn Thanh 3. Dr. Nguyễn Thị Ngọc Thùy	D.PSLS M
II. Foundation and Specialization Courses				47						
II.1. Compulsory Courses				23						
2	GDTC	81401	Exercise Physiology	3	3				1. Dr. Hồ Minh Mộng Hùng 2. Assoc. Prof. Dr. Vũ Chung Thủy	D.PE
3	GDTC	81402	Sports Medicine	3		3			1. Assoc. Prof. Dr. Vũ	D.PE

									Chung Thủy 2. Dr. Hồ Minh Mộng Hùng	
4	GDTC	81403	Sports Measurement	2		2			1. Assoc. Prof. Dr. Nguyễn H. Minh Thuận 2. Dr. Mai Thế Anh	D.PE
5	GDTC	81404	Research Methods in Sports Science	3	3				1. Assoc. Prof. Dr. Nguyễn Ngọc Sơn 2. Dr. Nguyễn Thanh Hùng	D.PE
6	GDTC	81405	Theory and Methodology of Physical Education	3	3				1. Assoc. Prof. Dr. Nguyễn Ngọc Sơn 2. Dr. Nguyễn Sỹ Đức	D.PE
7	GDTC	81406	Theory and Methodology of School Sports	3			3		1. Dr. Nguyễn Thanh Hùng 2. Dr. Mai Thế Anh	D.PE
8	GDTC	81407	Modern Teaching Perspectives and Theories	2		2			1. Assoc. Prof. Dr. Trần Quốc Tuấn 2. Assoc. Prof. Dr. Võ Nguyên Du 3. Dr. Nguyễn Lê Hà	D.PE
9	GDTC	81408	Educational Program Development Management	3	3				1. Assoc. Prof. Dr. Võ Nguyên Du 2. Assoc. Prof. Dr. Trần Quốc Tuấn 3. Dr. Nguyễn Lê Hà	D.PE
III.2. Elective Courses (Choose 9 courses)				18						
10	GDTC	81409	Sport Psychology	2		2			1. Dr. Hồ Minh Mộng Hùng 2. Assoc. Prof. Dr. Nguyễn Ngọc Sơn	D.PE
11	GDTC	81410	Sport Pedagogy	2		2			1. Assoc. Prof. Dr. Võ Nguyên Du 2. Dr. Nguyễn Lê Hà	D.PE
12	GDTC	81411	Sport Management	2		2			1. Dr. Nguyễn Thanh Hùng 2. Assoc. Prof. Dr. Nguyễn Ngọc Sơn	D.PE
13	GDTC	81412	Sport Sociology	2			2		1. Dr. Đinh Anh Tuấn. 2. Dr. Phan Thị Kim Dung	D.PE

									3. Dr. Nguyễn Đình Khoa	
14	GDTC	81413	Physical Education in Schools	2		2			1. Dr. Nguyễn Thanh Hùng 2. Dr. Nguyễn Sỹ Đức	D.PE
15	GDTC	81414	Methods for Developing Physical Education Plans in Schools	2		2			1. Assoc. Prof. Dr. Nguyễn Ngọc Sơn 2. Dr. Nguyễn Sỹ Đức	D.PE
16	GDTC	81415	Identification and Development of Sport Talent	2			2		1. Assoc. Prof. Dr. Lưu Thiên Sương 2. Dr. Mai Thế Anh	D.PE
17	GDTC	81416	Recreational Sports	2			2		1. Assoc. Prof. Dr. Nguyễn H.Minh Thuận. 2. Dr. Mai Thế Anh	D.PE
18	GDTC	81417	Sports Economics	2			2		1. Dr. Nguyễn Sỹ Đức 2. Dr. Mai Thế Anh	D.PE
19	GDTC	81418	History of Sports and the Olympic Games	2			2		1. Assoc. Prof. Dr. Nguyễn Ngọc Sơn 2. Dr. Nguyễn Sỹ Đức	D.PE
20	GDTC	81419	Sports Coaching	2		2			1. Dr. Hồ Minh Mộng Hùng 2. Dr. Mai Thế Anh	D.PE
21	GDTC	81420	Policies and Strategies for Sports Development	2			2		1. Dr. Nguyễn Thanh Hùng 2. Dr. Nguyễn Sỹ Đức	D.PE
II.3. Practicum				6						
22	GDTC	81421	Practicum 1	3			3		1. Dr. Nguyễn Sỹ Đức 2. Assoc. Prof. Dr. Nguyễn Ngọc Sơn	D.PE
23	GDTC	81422	Practicum 2	3			3		1. Dr. Nguyễn Thanh Hùng 2. Dr. Mai Thế Anh 3. Dr. Hồ Minh Mộng Hùng	D.PE
III. Graduation Component (Capstone Project)				9						
24	GDTC	81423	Master's Project	9			9			D.PE
Total				60	16	16	16	12		

11. GUIDELINES FOR IMPLEMENTATION OF THE ACADEMIC PROGRAM

- This academic program is applied to students enrolled in the Master's admission cohort of 2025 for the major Theory and Methodology of Teaching Physical Education.

- The training process is implemented based on the designed curriculum, program objectives, target learners, workforce demands, and specific requirements of the training program. For elective courses, depending on development trends and social needs, the department managing the program and the department responsible for the courses will advise students on selecting appropriate courses.

- The Dean of the Department managing the program is responsible for organizing and guiding the development of the academic program and detailed course syllabi to ensure that program objectives, content, and requirements are met, while also satisfying the needs of learners and society.

- The academic program is periodically reviewed, evaluated, and updated in accordance with the current regulations of the Ministry of Education and Training and Quy Nhon University, ensuring that it meets the development requirements of the Master's program in Theory and Methodology of Teaching Physical Education and aligns with socio-economic development needs.

Binh Dinh, December 19, 2024

RECTOR

Assoc. Prof. Dr. Doan Duc Tung